

# 2021 APF ThanksLifting 3



**MEET LOCATION:**  
7021 Corporate Circle  
Indianapolis IN 46278

**Meet Date:** Nov 20<sup>th</sup> , 2021

## MEET ENTRY FORM

In consideration of your acceptance of this entry please agree to the following statement by signing this entry form.

I hereby intend to legally bound myself, my heirs and assigned, waive and release any and all claims to damage I may have against Darwin Robinson, Andrew Ponsler, Doug Ponsler, West Indy Lifting Co., American Powerlifting Federation, American Amateur Powerlifting Federation, and all their heirs, employees or volunteers, all lesser, all lessees of the property located at 7021 Corporate Circle Indianapolis IN 46278 from injury that may result from my participation in this competition or any other lifting on the premises.

### **Category & Division:**

\*\*RAW= SINGLET,TSHIRT,BELT,SOCKS,SHOES,WRIST WRAPS\*\*

\*\*CLASSIC RAW= SINGLET, TSHIRT,BELT,SOCKS,SHOES, WRIST WRAPS, KNEE WRAPS OR KNEE

**SLEEVES\*\***

\*\*SINGLY PLY=LIFTING SUIT,TSHIRT,BENCH SHIRT, BRIEFS, BELT, SOCKS. WRIST WRAPS, KNEE WRAPS\*\*

\*\*EQUIPPED = LIFTING SUIT,TSHIRT,BENCH SHIRT, BRIEFS, BELT, SOCKS. WRIST WRAPS, KNEE WRAPS\*\*

APF Card Number: \_\_\_\_\_

**MEET SHIRT PREORDER \$20**

**Competitor's Name:** \_\_\_\_\_

**(CIRCLE)**

**Address:** \_\_\_\_\_

**S M L XL 2XL 3XL 4XL 5XL**

**MAIL ENTRY FORM and \$90 to:**

**Phone #:** \_\_\_\_\_

7021 Corporate Circle

**Legible EMAIL address:** \_\_\_\_\_

Indianapolis, IN 46278

**Age:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **lb**

**Birth Year:** \_\_\_\_\_

**(Circle which selection meets your competition status)**

**Event:** Full Power    Push/Pull Only    Deadlift Only    Bench Only

**Equipment:** Raw    Classic Raw (knee wrap)    Single-ply    Multi-ply

**Division:** Open    Masters 1 2 3 4 or 5    Sub-Masters    Junior    Teen 1 2 or 3

#### TIMES:

- Early Weigh-Ins: 10:00 AM – 1Pm & 4 PM – 7:00 PM on Friday, Nov 19<sup>th</sup> , 2021 at West Indy Barbell (call for special circumstances)
- Rules Clinic / Q&A: 9:00 AM Day of the Meet; Meet Starts at 10:00 AM

#### AWARDS & RULES:

- Sanctioned by the APF. Must have an APF card (available at meet). A one piece lifting suit is required. Trophies will be given for 1<sup>ST</sup> and 2<sup>nd</sup> places in all weight classes and divisions.

#### DEADLINES:

- T-Shirt orders must be received within 14 days of competition.

#### ENTRY FEES:

- **You must be a member of APF. To join, go to: [worldpowerliftingcongress.com](http://worldpowerliftingcongress.com)**  
**There is a yearly fee of \$30**

Make all checks and money orders payable to: West Indy Lifting Co.

- **\$90.00** for Meet Entry, (Check each box on entry form that applies)
- **\$50.00** for each additional division
- **\$20.00** Meet T-shirts **\*\*must pre-order on entry page and include payment\*\***
- **\$35.00** fee on all returned checks
- **\$10.00** Spectator admission fee, 12 and under free (Pay at door)

#### FAQ:

- Meet will be ran in Pounds (LBS) NOT Kilograms(Kg)
- No world records can be broken in this meet.
- 4<sup>th</sup> attempts will not be allowed for records
- Any national records set in pounds (LBS) must be rounded down to the nearest 2.5 Kilogram (Kg)